

MADISON



SWIMMING

COVID-19 Protocol

This is our protocol. There is no room for exception or arguing. If you cannot or will not follow the protocol, you will be removed from the team.

While the chlorine creates a sanitized area, in theory, the damp and warm environment continue to present challenges and we need to take extended precautions.

ATTENDANCE / TEMPERATURES:

As part of the daily attendance protocol, each swimmer will have their temperature taken upon arrival to the pool as they enter the facility. The temperature will be recorded as proof of their attendance each day. In the event there is an elevated temperature/fever, the athlete will be removed from the pool, parents notified, and sent home immediately.

MONITORING HEALTH / REPORTING ILLNESSES:

In the event you do not feel well, please let a coach know as quickly as possible.

We are all painfully aware of the symptoms of COVID-19, please be mindful and follow the school protocols of temperature monitoring at home in order to keep our space as safe as possible. We will be in contact with both schools daily to monitor COVID-19 related illness activity, as well as, other schools once competition season begins. In the event there is need for exposure/quarantine notification, the school will work hand in hand with the Jefferson County Health Department to assist with contact tracing protocols.

NOW, there is a difference between exertion/working hard and not feeling well as a result and a true illness. Please do not feign illness or jump to conclusions if/when we have a health situation arise.

SANITIZATION:

It is very important that we continue to sanitize our environment with diligence. **This is a very serious and shared responsibility we must all buy into so that we can continue to swim.** In the event you do not feel as though this is happening, or see someone not doing what is necessary, please let me know.

We ask that you:

- Limit time in the locker rooms and use the same space each day. You will be assigned a locker that will be yours for the season. You may bring a padlock to use to secure your items during practice. I will need the combination to the lock, in the event I would need to provide it to the school should there be a need to access the space.
- Stretch bands will be placed for practice. There will be sanitizer on the bench. Just like classroom spaces, I ask that you disinfect BEFORE you use the bands.
- Please DO NOT handle anyone else's gear bag, water bottle, and keep your hands to yourself.

- You will have assigned practice lanes. This will be done for contact tracing purposes, should that become necessary.

MASKS / TRANSPORTATION:

Masks are REQUIRED and to be worn at all times by everyone in the facility. Unless you are in the water, actively swimming, you are required to wear a mask. Coaches, if you can distance at least six feet while delivering feedback during practices, masks can be removed while swimmers are in the water but worn if there are swimmers on deck.

This includes:

- To and from the locker rooms to pool deck.
- While in the locker room before and after practices/meets. *Bathroom breaks will be taken one at a time and split between the locker rooms and the Commons Area restrooms.*
- Entering and exiting the building and facility.
- While on deck between events during meets, to and from the blocks, and after finishing your race.
- While riding to and from on the bus to and from meets.
- Seats will be assigned on the buses and those seats must be kept for the entire season. **NO**

EXCEPTIONS.

- If coaches drive the buses, we will be required to sanitize the buses upon return from each away meet. Supplies will be provided.
- While eating on the way home, you are permitted to remove your mask long enough to eat.

ACCESS TO DECK SPACE:

- Practices will be closed to athletes only. No visitors will be permitted into the facility.
- It is still unknown if we will be able to have spectators for meets. This will be a decision made for safety and health purposes of our athletes with guidance from IHSAA.
- During meets, swimmers will be required to stay on deck in the designated team areas.
 - Swimmers will not be allowed to sit/visit in the stands at any time.
 - Teams will be separated as much as possible from one another.
 - Traffic patterns will be established to limit the possibility of cross-contaminating while back and forth to the block areas for races.

THINGS YOU NEED TO BRING:

- WATER and GATORADE - every single day. No sharing of any bottles or refilling anyone else's bottle.
- Hand sanitizer for your pool bags to use while in other facilities.